



Schedule effective MAY 2025

***** SCHEDULE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE *****

Please contact us first prior to beginning your 30-day trial. You can contact us by visiting WWW.NEWBREEDTRAININGCENTER.COM and using our contact form or emailing us at info@newbreedtrainingcenter.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					9:00 am - 9:45 am "Pre-K" KIDS BJJ (Ages 3-5)	
10:00 - 11:00 am ADULT BJJ (GI) FUNDAMENTALS	9:30 - 11:00 am ADULT (GI) BJJ FUNDAMENTALS	10:00 - 11:00 am ADULT BJJ (GI) FUNDAMENTALS	9:30 - 11:00 am ADULT (GI) BJJ FUNDAMENTALS	10:00 - 11:00 am ADULT BJJ (GI) FUNDAMENTALS	9:00 am - 10:00 am KIDS BJJ OPEN MAT (Instructor Approval Required)	
10:00 - 11:00 am ADULT MUAY THAI FUNDAMENTALS	10:00 - 11:00 am LEO / COMBATIVES	10:00 - 11:00 am ADULT MUAY THAI FUNDAMENTALS			10:00 am - 11:00 am KIDS No-Gi BJJ (Instructor Approval Required)	1030 am - 1200 pm ADULT GI BJJ ALL LEVELS
11:00 am - 12:30 pm ADULT GI BJJ INT/ADVANCED	11:00 am - 12:30 pm ADULT GI BJJ INT/ADVANCED	11:00 am - 12:30 pm ADULT NO-GI BJJ INTERMEDIATE / ADV	11:00 am - 12:30 pm ADULT GI BJJ INT/ADVANCED	11:00 am - 12:30 pm ADULT GI BJJ INT/ADVANCED	1000 am - 1100 am ADULT NO-GI BJJ ALL LEVELS	
4:00 pm - 4:45 pm "Pre-K" KIDS BJJ (Ages 3-5)	4:00 pm - 5:00 pm Kids Intermediate Brazilian Jiu-Jitsu	4:00 pm - 4:45 pm "Pre-K" KIDS BJJ (Ages 3-5)	4:00 pm - 5:00 pm Kids Intermediate Brazilian Jiu-Jitsu		1000 am - 1100 am ADULT MUAY THAI / BOXING	
5:00 pm - 6:00 pm Kids Beginner Brazilian Jiu-Jitsu	5:00 pm - 6:00 pm Kids Beginner Brazilian Jiu-Jitsu	5:00 pm - 6:00 pm Kids Beginner Brazilian Jiu-Jitsu	5:00 pm - 6:00 pm Kids Beginner Brazilian Jiu-Jitsu	5:00 pm - 6:00 pm Kids Beginner & Intermediate Brazilian Jiu-Jitsu	1100 am - 100 pm BJJ GI OPEN MAT (Visitors Welcome)	
5:00 - 6:00 pm ADULT (GI) BJJ FUNDAMENTALS	5:00 - 6:30 pm ADULT (GI) BJJ FUNDAMENTALS	5:00 - 6:00 pm ADULT (GI) BJJ FUNDAMENTALS	5:00 - 6:30 pm ADULT (GI) BJJ FUNDAMENTALS	5:00 pm - 6:30 pm ADULT GI BJJ ALL LEVELS		
6:00 pm - 7:00 pm Kids Advanced Brazilian Jiu-Jitsu		6:00 pm - 7:00 pm Kids Advanced Brazilian Jiu-Jitsu				
6:00 pm - 7:30 pm ADULT NO-GI BJJ (INT/ADVANCED)	6:30 pm - 7:30 pm ADULT MUAY THAI FUNDAMENTALS	6:00 pm - 7:30 pm ADULT NO-GI BJJ (INT/ADVANCED)	6:30 pm - 7:30 pm ADULT MUAY THAI FUNDAMENTALS	6:30 pm - 7:30 pm ADULT MUAY THAI ALL LEVELS		
7:00 pm - 8:00 pm ADULT BOXING	6:30 pm - 8:30 pm ADULT BJJ SPORT/COMP FOCUSED	7:00 pm - 8:00 pm ADULT BOXING	6:30 pm - 8:30 pm ADULT BJJ SPORT/COMP FOCUSED			
7:30 pm - 9:00 pm ADULT GI BJJ ALL LEVELS	7:30 pm - 830 pm ADULT ADVANCED MUAY THAI (Instructor Approval Required)	7:30 pm - 9:00 pm ADULT GI BJJ ALL LEVELS	7:30 pm - 830 pm ADULT ADVANCED MUAY THAI (Instructor Approval Required)			
8:00 pm - 9:00 pm ADULT BOXING SPARRING (Instructor Approval Required)	8:30 pm - 9:30 pm ADULT Gi BJJ (BEGINNER/INT)		8:30 pm - 9:30 pm ADULT Gi BJJ (BEGINNER/INT)			

***** IMPORTANT NOTE FOR ALL TRIAL MEMBERS -- PLEASE MAKE SURE THAT YOU HAVE NECESSARY EQUIPMENT IN ORDER TO TRAIN. WE NO LONGER PROVIDE LOANER EQUIPMENT. IF YOU HAVE ANY QUESTIONS REGARDING CLASSES OR EQUIPMENT, PLEASE CONTACT US DIRECTLY. YOU CAN USE OUR CONTACT FORM AT WWW.NEWBREEDTRAININGCENTER.COM, EMAIL US AT info@newbreedtrainingcenter.com, OR CALL US DIRECTLY AT (847) 674-3577**