

NEW BREED TRAINING CENTER

Schedule effective August 17th, 2026

*** SCHEDULE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE ***

Please contact us first prior to beginning your 30-day trial. You can contact us by visiting WWW.NEWBREEDTRAININGCENTER.COM and using our contact form or emailing us at info@newbreedtrainingcenter.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 - 7:00 am ADULT BJJ (GI) DRILLING / SPARRING	6:00 am - 7:00 am ADULT MUAY THAI FUNDAMENTALS	6:00 - 7:00 am ADULT BJJ (GI) DRILLING / SPARRING	6:00 am - 7:00 am ADULT MUAY THAI FUNDAMENTALS	6:00 - 7:00 am ADULT BJJ (NO-GI) DRILLING / SPARRING	9:00 am - 9:45 am "Pre-K" KIDS BJJ (Ages 4-6)	
7:00 - 10:00 am Reserved for NBTC Human Performance		7:00 - 10:00 am Reserved for NBTC Human Performance		7:00 - 10:00 am Reserved for NBTC Human Performance	9:00 - 10:30 am Reserved for NBTC Human Performance	
10:00 - 11:00 am ADULT BJJ (GI) FUNDAMENTALS	9:30 - 11:00 am ADULT (GI) BJJ FUNDAMENTALS	10:00 - 11:00 am ADULT BJJ (GI) FUNDAMENTALS	9:30 - 11:00 am ADULT (GI) BJJ FUNDAMENTALS	10:00 - 11:00 am ADULT BJJ (GI) FUNDAMENTALS	9:00 am - 10:00 am KIDS BJJ OPEN MAT (Instructor Approval Required)	
10:00 - 11:00 am ADULT MUAY THAI ALL LEVELS	10:00 - 11:00 am LEO / COMBATIVES	10:00 - 11:00 am ADULT MUAY THAI ALL LEVELS			1000 am - 1100 am ADULT NO-GI BJJ ALL LEVELS	1030 am - 1200 pm ADULT GI BJJ ALL LEVELS
11:00 am - 12:30 pm ADULT GI BJJ INT/ADVANCED	11:00 am - 12:30 pm ADULT NO-GI BJJ INTERMEDIATE / ADV	11:00 am - 12:30 pm ADULT GI BJJ INT/ADVANCED	11:00 am - 12:30 pm ADULT NO-GI BJJ INTERMEDIATE / ADV	11:00 am - 12:30 pm ADULT GI BJJ INT/ADVANCED	1000 am - 1100 am ADULT MUAY THAI / BOXING	
4:00 pm - 4:45 pm "Pre-K" KIDS BJJ (Ages 4-6)		4:00 pm - 4:45 pm "Pre-K" KIDS BJJ (Ages 4-6)			1100 am - 100 pm BJJ GI OPEN MAT (Visitors Welcome)	
5:00 pm - 6:00 pm Kids Beginner Brazilian Jiu-Jitsu	5:00 pm - 6:00 pm Kids Beginner Brazilian Jiu-Jitsu	5:00 pm - 6:00 pm Kids Beginner Brazilian Jiu-Jitsu	5:00 pm - 6:00 pm Kids Beginner Brazilian Jiu-Jitsu	5:00 pm - 6:00 pm Kids Beginner & Intermediate Brazilian Jiu-Jitsu		
5:00 - 6:00 pm ADULT (GI) BJJ FUNDAMENTALS	5:00 - 6:30 pm ADULT (GI) BJJ FUNDAMENTALS	5:00 - 6:00 pm ADULT (GI) BJJ FUNDAMENTALS	5:00 - 6:30 pm ADULT (GI) BJJ FUNDAMENTALS	5:00 pm - 6:30 pm ADULT GI BJJ ALL LEVELS		
6:00 pm - 7:00 pm Kids Advanced Brazilian Jiu-Jitsu	6:00 pm - 7:00 pm ADULT MUAY THAI FUNDAMENTALS	6:00 pm - 7:00 pm Kids Advanced No- Gi BJJ	6:00 pm - 7:00 pm ADULT MUAY THAI FUNDAMENTALS	6:00 pm - 7:00 pm Kids Advanced Brazilian Jiu-Jitsu		
6:00 pm - 7:30 pm ADULT NO-GI BJJ (INT/ADVANCED)	7:00 pm - 8:00 pm ADULT MUAY THAI (INTERMEDIATE)	6:00 pm - 7:30 pm ADULT NO-GI BJJ (INT/ADVANCED)	7:00 pm - 8:00 pm ADULT MUAY THAI (INTERMEDIATE)	6:30 pm - 7:30 pm ADULT MUAY THAI ALL LEVELS		
7:00 pm - 8:00 pm ADULT BOXING	6:30 pm - 8:30 pm ADULT GI BJJ SPORT/COMP FOCUSED	7:00 pm - 8:00 pm ADULT BOXING	6:30 pm - 8:30 pm ADULT GI BJJ SPORT/COMP FOCUSED			
7:30 pm - 9:00 pm ADULT GI BJJ ALL LEVELS	8:00 pm - 9:00 pm ADULT MUAY THAI ADV/COMP (Instructor Approval Required)	7:30 pm - 9:00 pm ADULT GI BJJ ALL LEVELS	8:00 pm - 9:00 pm ADULT MUAY THAI SPARRING (Instructor Approval Required)			
8:00 pm - 9:00 pm ADULT BOXING SPARRING (Instructor Approval Required)	8:30 pm - 9:30 pm ADULT (GI) BJJ FUNDAMENTALS		8:30 pm - 9:30 pm ADULT NO-GI BJJ FUNDAMENTALS			

*** IMPORTANT NOTE FOR ALL TRIAL MEMBERS -- PLEASE MAKE SURE THAT YOU HAVE NECESSARY EQUIPMENT IN ORDER TO TRAIN. WE NO LONGER PROVIDE LOANER EQUIPMENT. IF YOU HAVE ANY QUESTIONS REGARDING CLASSES OR EQUIPMENT, PLEASE CONTACT US DIRECTLY. YOU CAN USE OUR CONTACT FORM AT WWW.NEWBREEDTRAININGCENTER.COM, EMAIL US AT info@newbreedtrainingcenter.com, OR CALL US DIRECTLY AT (847) 674-3577